

WHERE WELLBEING AND EDUCATION WALK HAND IN HAND

Welcome to Nurture Learning!

Thank you for your interest in what we do. I am really excited that you have found Nurture Learning UK Ltd and even more excited that you are here because you share our passion for wellbeing in education!

Nurture Learning tuition has gone from strength to strength. I set up my first tuition sessions around 2016 after teaching in schools and working as an inspector. I have been inundated with requests to offer my tuition to children from all different backgrounds and all areas of the country.

Nurture Learning is a little bit different in that the emotional development of children is just as important as their academic learning. I found that I was the only tutor that held qualifications in holistic therapies and used this in my teaching; unlike other practitioners who usually focus fully on child mental health or deliver more formal methods of tuition. With a full waiting list and demand that I just can't meet, I have come to realise my mission - to create a dream team of teachers around the country to help as many children as possible!

I have been a busy bee trying to launch our first training course for Autumn 2020. The global pandemic has made it even more vital that we get the perfect team on board as soon as possible. Children need our help now. Classroom teachers need our help now. Wellbeing in education begins with the educator; an important role model in these children's lives. It starts with you!

I hope you do decide to join our team.

You can make a better future for yourself and all of the children that you teach.

Anna

Anna Kersley

Nurture Learning UK Ltd Director and Education Specialist



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Find Your Calling





Nurture Learning has the key to give every child the superpower to reach their full emotional and academic potential – and it starts with you!

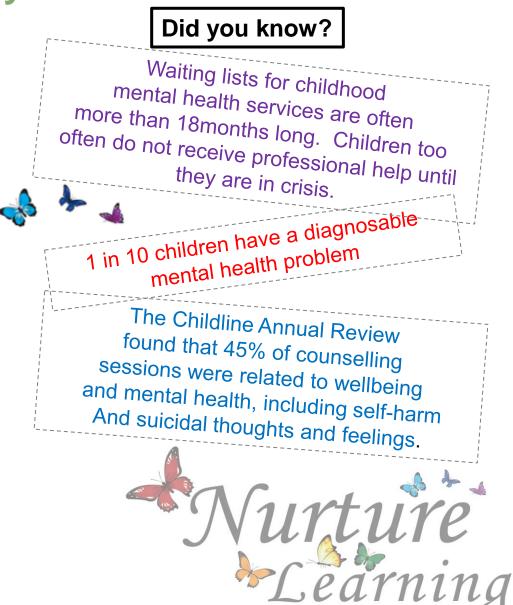
- Do you want to be your own boss and break free from staff room bureaucracy?
- Do you want to dictate what you teach and when you teach to fit around your own family commitments?
- Could you be a creator of calm in a world of chaos? Can you show children how to improve their wellbeing to boost their learning?
- Do you know you have the power to make a huge difference to so many children by teaching with passion, freedom and enthusiasm?



Find Your Why

Why Nurture Learning?

- We are new and fabulous! Nurture Learning has already won an award as a finalist in the NatWest Bring It 2020 competition.
- Nurture Learning strategies have been created by 2 experts in their fields; an Education Specialist and a Reiki Master Teacher.
 Our methods have been tried, tested and shown to have a significant impact on children's personal development and learning.
- You come first! We believe in the saying that 'you can't pour from an empty cup'. Our teachers undergo Reiki training to boost their own wellbeing and embed holistic principles into everything that they do.
- Our methods can be adapted to support children of all abilities, ages, backgrounds and used in any setting.
- Children deserve more... Our children need the skills to cope with a fast and pressurised world. Life skills and the ability to protect, and improve, their mental health is key to their lifelong success. Nurture Learning helps children too realise their full potential in everything that they do.





Mission Statement

Mental Health is a hot topic on almost everyone's lips... But paying lip service to an issue this immense isn't going to make it better. At a time when an unprecedented number of children sit on Children and Adolescent Mental Health Services waiting lists, schools are being judged on results, teachers are working to targets, and our children end up bearing the brunt of our own stresses and unrealistic expectations.

Children are like sponges. They soak up the world around them meaning that every experience and every interaction they encounter becomes a part of who they are. All children deserve safe and positive environments in which to grow. As their role models, care-givers and educators, it is our responsibility to take care of our own emotional wellbeing to create that a place where our children can thrive, learn and develop into happy, successful humans.

Nurture Learning is on a mission to empower educators to place a real value on their own mental health. Only then can they show children how to protect and nourish their young minds whilst they navigate their way through the education system. We will unlock every child's superpower so that they can reach their full emotional and academic potential.



Teach Wellbeing and Education Together

Every Nurture Learning class includes:

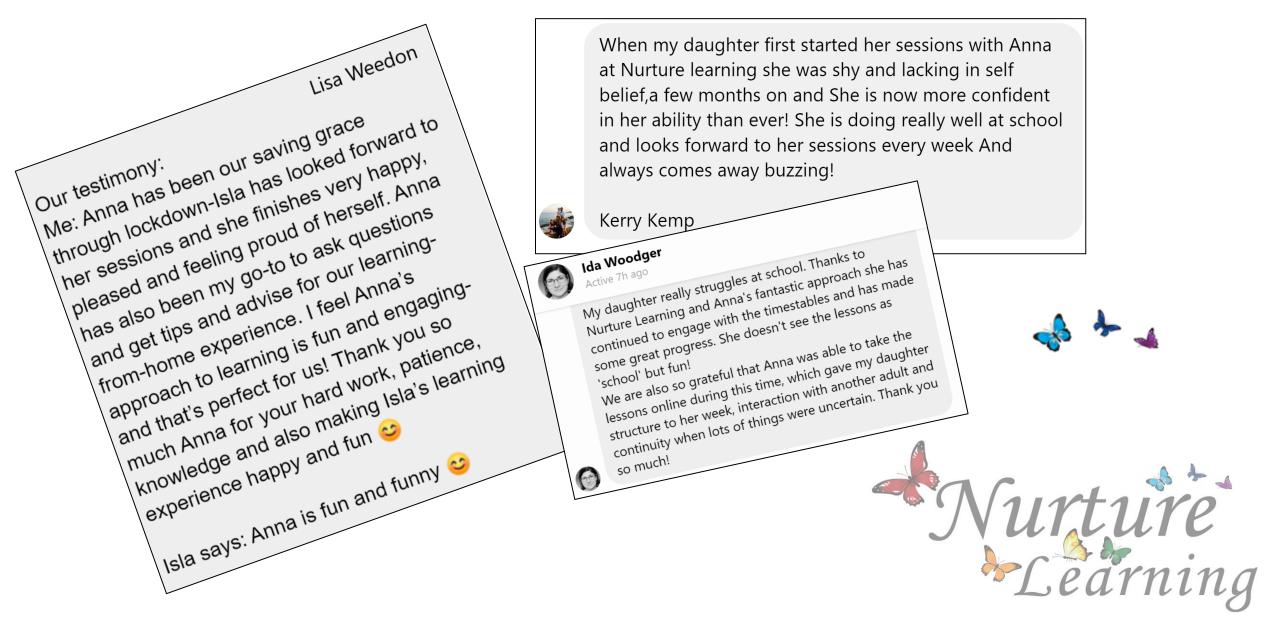
- Wellbeing check-in.
- An opportunity to talk about the big things, and the little things, that are important to them in that moment in time.
- Affirmations.
- Preparing the mind for a positive growth mindset, re-setting emotions and boosting self-esteem as children are encouraged to discover how incredible they are.
- Warm ups and Active Learning.
 - Movement is key to learning and is a fantastic tool to wake up our brains and helps children to retain new information.
- Brain Breaks.
 - We teach children the strategies to reach their full
- potential. A 'brain break' is a quick activity or game that gives children the opportunity to break away from a tricky task or time to ground themselves if they are feeling frustrated.
- Relaxation and visualisations.
- Our classes end with a guided visualisation to calm the mind and leave both teacher and students with a sense of quiet and accomplishment.

Nurture Learning helps children to:

- Find out how they learn best.
- Recognise what they are good at and what they need to do to become even better.
- Build resilience and enthusiasm to take on a new challenge.
- Increase ability to focus and concentrate.
- Develop the tools to support their own good mental health and emotional wellbeing.
- Boost confidence, self-esteem and positivity.
- Manage anger, anxiety and stress.
- Super-charge academic achievement and happiness!



Don't take our word for it...



I'm Anna and I'm the Director at Nurture Learning. I started teaching children about 12 years ago. I've climbed the career ladder; qualifying as a Primary School Teacher, then as an Education Specialist and then as an Inspector of Education. Throughout my school career, I witnessed first-hand the issues surrounding wellbeing in education and wanted out of the rat race.

Over the past decade, I found myself dipping in and out of studying holistic therapies. I found that I enjoyed learning about different tools for wellbeing, but it didn't fulfil my natural love for teaching children.

What do you do if you gravitate to a profession but not the working environment? I made the leap to tuition. This time I had my knowledge of holistic therapies under my belt and I found that it seemed to influence how I was teaching and responding to my students. This is when I joined teams with a Reiki Master Teacher who was having similar experiences and Nurture Learning was born!

I am very passionate about Nurture Learning and everything that it represents. I love the fact that I can choose my own schedule to fit around my family commitments. I have found 'me' again; that NQT enthusiasm that got snuffed out...





...by red tape and classroom politics. I have found my calling and I teach in a way that I know truly meets children's needs.

As a Nurture Learning tutor I can continue to build on my career and professional experience, earn a comfortable salary and know that I am teaching in a way that will make a huge difference to my students.

As the Nurture Learning Director I get to help other teachers to do it too!

My cup can't get much fuller then it is right now!



I'm Fiona and I am the Reiki Master Teacher and a tutor at Nurture Learning. I have been teaching children for over 30 years and have seen the role of teachers change and grow over time.

My passion for teaching can only be rivalled by my love for Reiki. I have trained to the highest level and am a Master Teacher Member of the UK Federation. Practising Reiki comes second nature to me and has become part of my daily routine and a toolbox for self-care that I can dip into whenever I desire.

Using Reiki with children is not a new concept and it is a practice that has been around for 100 years. Modern society has made it more challenging to offer Reiki to children with a culture of insurance liabilities. Nurture Learning strategies do not include practising any Reiki on any children at any time. Children, and their parents, do not have to hear the word Reiki, understand Reiki or believe in its existence. Nurture Learning uses Reiki to

raise the awareness of the educator and inspire the use of meditation, breathing strategies and adapting to changing needs to keep children grounded and in the best emotional state to learn.



Fiona's Story...



I am so pleased to work with Nurture Learning to help develop the use of these principles in education and help give teachers the tools to invest in their own mental health.

Tutoring, training and practising Reiki fit perfectly with my interests and commitments. I love that my days are filled with variety, positivity and purpose.

Being self employed means that I am my own boss. I am in control of when I work, who I work with and how much I earn.

Ultimately, my work helps me to feel free and happy.

You've got this

Nurture Learning believes it all starts with you, the teacher. We already know that you are incredible to have qualified as a teacher and worked in classrooms. This is your opportunity to smash through any barriers that are holding you back from being the kind of teacher you want to be.

Our lesson structure and strategies will give you lots of opportunities to deliver exciting sessions to engage children.

Our whole-child approach will leave you with a sense of purpose and fulfilment.

But it is you that brings it all alive. Your personality, enthusiasm and passion will offer something that no other tuition programme can.

As a Nurture Learning Teacher, you must: Never Underestimate the **power of your** Resilience Tenacity **U**nderstanding Reassurance and Encouragement

You don't need to have experience in yoga, meditation, or mindfulness to join our training; although this is a bonus!

We can train educators from all different backgrounds including: teachers, teaching assistants, parents, therapists, yoga instructors, nursery/kindergarten workers, social workers, special needs teachers, psychologists, learning support workers, behaviour management consultants, dance teachers and play therapists. *Only fully qualified teachers can join as tutors at this time.

Make It Happen!



Nurture Learning takes away the stresses of setting up your own business.

- We don't charge a franchise fee we don't want any financial barriers to working with the best teachers. We only ask for £20/month to contribute towards the costs we incur for supplying your email, featuring you on our website and media, access to our growing library of resources, use of our logo, brand and materials! You can cancel your subscription at any time should you decide not to continue offering tuition. The best bit is, if you aren't tutoring we aren't charging! You get up to 2 consecutive months free of charge in the event that you do not complete any tuition. That's pretty unlikely to happen though; we will even help you to find your first student to get you going!
- We will pay you a fee of £20/hourly lesson for private tuition, £12.50/student/hourly group lesson or £4/student/ class. You don't need to worry about non-payment or cancellations; just invoice us at the end of each month.
- We provide Nurture Learning training*.
- We take care of all of the payments, contracts and bookings for your students. Set your schedule using our app and you're good to go!
- We help advertise your service through our website and refer students that contact us.
- We provide business documentation to set up your business and provide a Facebook Group page for you to connect with other tutors to share ideas and tips.

*Training fees do not apply for tutors participating in the pilot courses in 2020 or tutors applying for the Covid Catch-Up programme.

Please note - for online tuition of groups, a charge of £16 per month will be applied to cover subscription upgrades.

How Much Can I Earn?

Sample Turnover

We have put together a sample of what you could earn as a Nurture Learning Teacher.

As with any self-employed business; you get out what you put into it.

Private Tuition

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Group Tuition

Private Tuition	1 class per week	5 classes per week	10 classes per week
No of Children	1	1	1
Charge to NL per child	£20	£20	£20
Number of weeks	48	48	48
Gross	£960	£4800	£9600

Group Tuition	1 class per week	2 classes per week	3 classes per week
No of Children	6	6	6
Charge to NL per child	£12.50	£12.50	£12.50
Number of weeks	48	48	48
Gross	£3600	£7200	£10,800

These figures are for illustration purposes only and do not include your expenses as these may vary considerably from tutor to tutor.

Your earnings can vary, depending on how many classes you offer to how many children and for how many weeks. Nurture Learning will support you with National advertising, a website presence and referrals. Please remember that you remain your own boss and it will be your responsibility to grow your business, advertise locally and build your reputation to attract students. As you can see from these examples, you could be earning over £30,000 gross per year simply by teaching 9 groups per week! For online tuition of groups, a fee of £16 per month will be charged to cover upgraded subscription costs.

How Much Can I Earn?

Our Times Tables Champions classes are our 'bread and butter'. We have found that this interactive session, using movement and games, leads to many children then re-booking as a group or private student. We would suggest each teacher offers at least 1 of these classes for at least 39 academic weeks of the year and with a maximum capacity of 20 students.

Times Tables Champions (30-40min class)	1 class per week	2 classes per week	3 classes per week
No of Children	15	15	15
Charge to NL per child	£4	£4	£4
Number of weeks	48	48	48
Gross	£2880	£5760	£8640

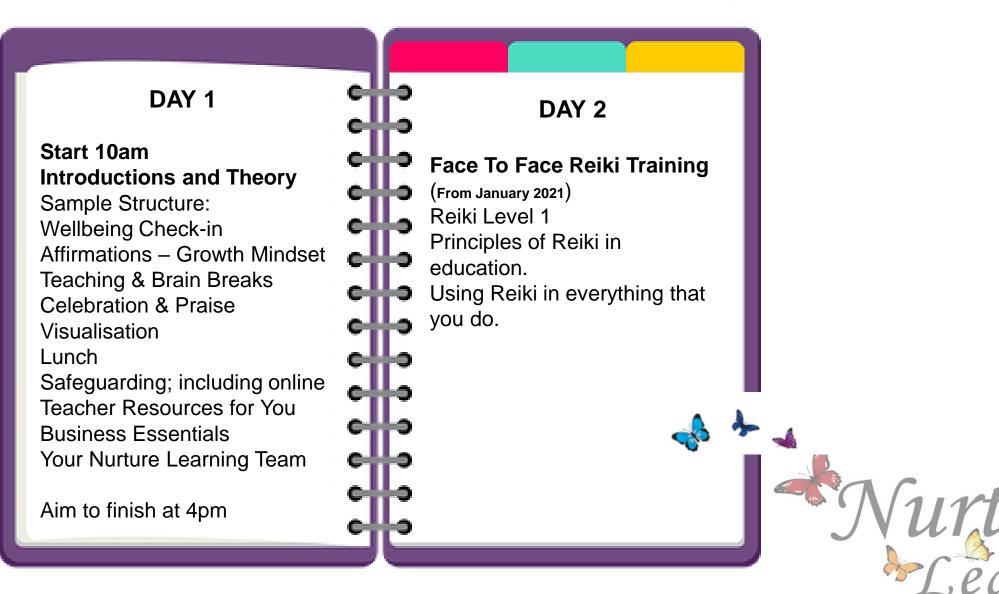
Times Tables Champions



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The Complete Nurture Learning Training



All Nurture Learning Tutorss who would like to participate in our Covid Catch-Up Tutoring Programme* must also provide the following

✓ Child Protection Certification

You will need a valid safeguarding certificate. We can direct you to a relevant course with the NSPCC that you can complete online.

✓ Lesson Plans and Sample Classes

Using our sample lesson plan template, you will need to plan 2 lesson plans. You will not need to show planning for your Nurture Learning tuition. This activity gives you the opportunity to apply the Nurture Learning lesson structure to your teaching and ask for any further training if you find there is anything that you are unsure of Certificate of Teaching Qualification

✓ Two Case Studies/Class Reports

Once you have run your sample classes, we ask that you write up an overview of what happened in two of your sessions. This gives you time to reflect on what went well, what did not work and how you would change and adapt to improve your skills and sessions.

✓ Testimonials

Nurture Learning will collect a selection of testimonials from parents, teachers/educators and children. This helps us to perform Quality Assurance for the programme is also really useful for you to use to help promote your tuition.



All Nurture Learning Tutors must provide the following

✓ ID

We will need to keep a copy of a valid photo identification for you. This could be a driving licence or passport

✓ An enhanced DBS/police check

Most teachers will already have a valid enhanced DBS or police check certificate. Please check that you are signed up for the update service and that your check is in date. If you need to make a new application, we can point you in the direction of companies that can process these for you. We can not certify any teachers that do not have the correct checks in place.

Certificate of Teaching Qualification

Insurance

In order to tutor with Nurture Learning, you will need public liability insurance. We will need to see a copy of your certificate. This protects both you and the students.

✓ References

We require two references from you - one personal and one professional (from a professional who has known you). This can be supplied on the application form.

All of the above documents will need to be sent to <u>assistant@nurturelearninguk.com</u> to be processed for your registration. Your tuition subscription and related privileges will be suspended in the event that you are unable to provide up to date details on registration and at any point whilst working with Nurture Learning. This is due to Safeguarding measures.

*We cannot guarantee your selection to participate in the Covid Catch-Up Tutoring programme. Those that are will benefit from working closely with schools to provide regular tuition throughout this academic year. You must be able to commit to at least 6 hours of tuition per week during these terms to register.

Use this space for notes, questions to ask and reflection

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www.nurturelearninguk.com

https://www.facebook.com/nurturelearninguk

Links to applications

Nurture Learning Tutor Application - https://www.nurturelearninguk.com/becoming-a-nurture-learning-teacher

Educator Training Application - https://www.nurturelearninguk.com/educator-training-application